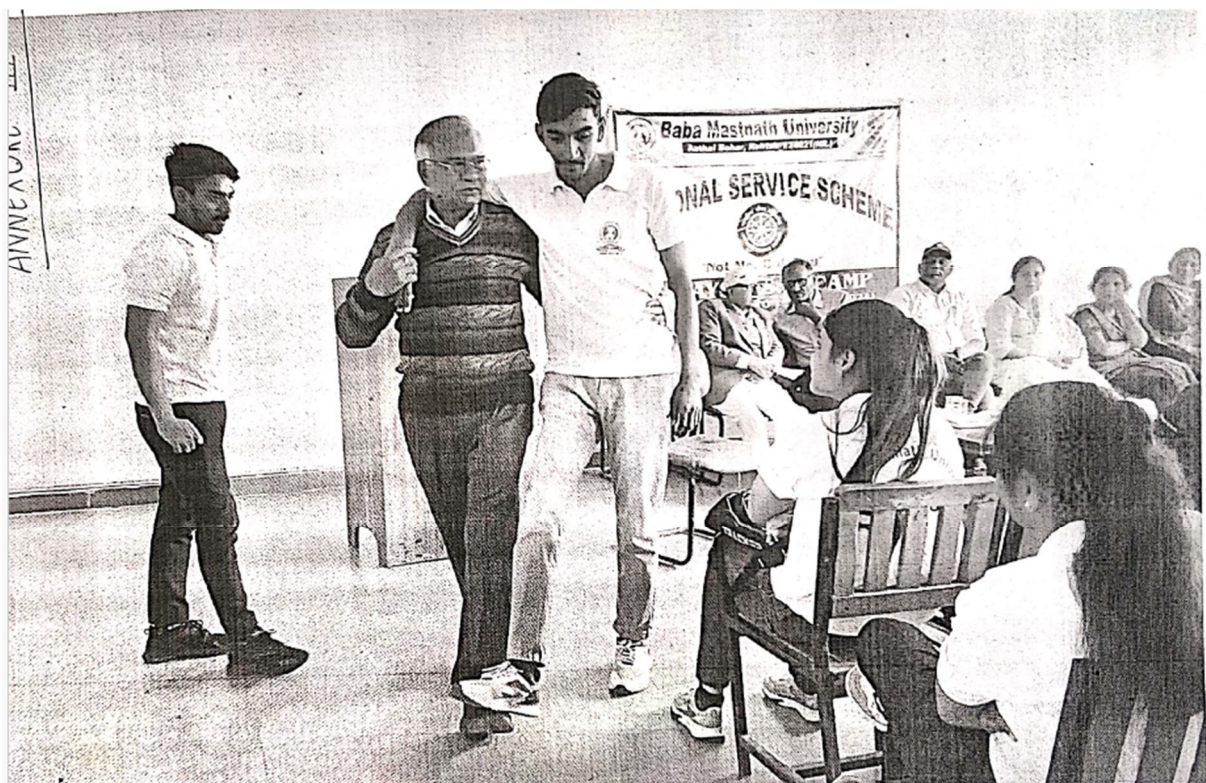


First Aid and Disaster Management

On 13th July 2022, Baba Mastnath University's N.S.S. Unit under the Faculty of Humanities organized a guest lecture on the topic of “First Aid and Disaster Management”. The event aimed to educate participants on the crucial skills and knowledge required to respond effectively in emergencies and disasters. Esteemed guests, Dr. Ravi Dutt and Mr. Daya Saini, both Disaster Training Officers (DTOs) from the Red Cross Society, Rohtak, shared their expertise with the attendees. Convened by Dr. Manjeet Kumar and co-convened by Dr. B. Prakash, the lecture was attended by 70 participants, including students and faculty members.



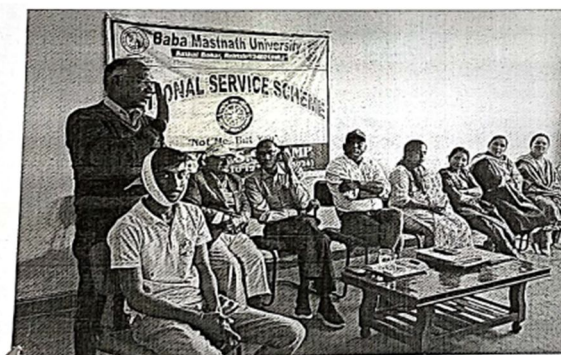
The session commenced with a welcome address by Dr. Manjeet Kumar, highlighting the significance of preparedness in managing unforeseen emergencies. Dr. Ravi Dutt elaborated on the principles of first aid, providing practical demonstrations of life-saving techniques such as CPR, wound care, and fracture management. Mr. Daya Saini shared valuable insights on disaster management, covering topics like natural and man-made disasters, risk assessment, and community-based preparedness strategies.



An interactive segment allowed participants to engage with the speakers, seek clarifications, and practice basic first aid techniques under expert guidance. The session emphasized the importance of individual and collective preparedness in mitigating the impact of emergencies.

The guest lecture on First Aid and Disaster Management underscored the importance of equipping individuals with life-saving skills and knowledge to respond effectively during emergencies. First aid training enhances the ability to provide immediate care, reducing fatalities and improving recovery rates, while disaster management education empowers communities to act collectively in crisis situations.

This initiative aligns with the United Nations Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being) and SDG 11 (Sustainable Cities and Communities). By promoting awareness and preparedness, the event contributed to building resilient communities capable of responding to health emergencies and disasters, ensuring safer and healthier environments for all.



The lecture witnessed the active participation of 70 attendees, including students and faculty members, who gained hands-on experience in administering first aid and responding to disasters. The event inspired participants to take an active role in their communities as first responders and advocates of safety and preparedness. The skills and knowledge imparted during the session will have a lasting impact, enabling attendees to safeguard lives and minimize risks during emergencies.

The guest lecture on “First Aid and Disaster Management” was a significant initiative by Baba Mastnath University, aimed at fostering a culture of preparedness and safety. By equipping participants with essential skills and knowledge, the event reaffirmed the university’s commitment to empowering individuals to contribute positively to their communities. This educational effort emphasized the critical role of awareness and action in achieving global sustainability goals and creating resilient societies.